

Come Dance With Us!

Classes every Sunday, First class is Free!



Sundown Squares Square Dance Club

New Class:
Starts Sunday
January 26 & February 2
5:00-6:30pm
(Session runs through March)
RSVP Not required
Join us for the First Class!



★ Fun, Friendship, and Fitness! ★

Join Us!!



Current music and steps
guided by a lively instructor!

Get your steps in while you socialize!



No partner or special attire required.

Just come as you are and be ready
to have a good time!

Be there *and* be square!



Place:

La Mesa Adult Enrichment Center

8450 La Mesa Blvd
La Mesa, CA 91942



Website: <https://sundownsquareslamesa.weebly.com>