



# Why Learn to Square Dance?

## Single Spinners

Make NEW Friends  
Low Impact Exercise  
Great Stress Reliever  
Keep you Mentally Sharp

An alcohol and drug free activity, and can be done world-wide.

**Come try it on Thursday nights 6:30 pm—8:00 pm and learn.**

**A new group will start on September 28, 2023**

### Recital Hall

*(Between Balboa Park Club &  
Automobile Museum)*

Balboa Park

San Diego, CA 92101



**WHO?** EVERYONE—SINGLES AND/OR COUPLES  
YOUTH—ENCOURAGED TO COME

(AGE 8 & OVER)

**COST?** \$5.00 PER PERSON PER WEEK  
(FIRST WEEK FREE)  
(YOUTH 1/2 PRICE)

For information:

Facebook.com/singlespinners  
sdsd.org

singlespinners.sdsda.org

(619) 889-8941 (leave message)

mccdnlyn@cox.net



Single Spinners Square Dance Club  
Co-sponsored by the San Diego Square Dance Association  
And the San Diego Parks and Recreation