



## Why Learn to Square Dance?

Single Spinners

Make NEW Friends  
Low Impact Exercise  
Great Stress Reliever  
Keep you Mentally Sharp

An alcohol and drug free activity, and can be done world-wide.

**Come try it on Thursday nights 6:30 pm—8:00 pm and learn.**

**A new group will start on September 29, 2022.**

### Recital Hall

*(Between Balboa Park Club &  
Automobile Museum)*

Balboa Park

San Diego, CA 92101



**Who?** EVERYONE—SINGLES AND/OR COUPLES  
YOUTH—ENCOURAGED TO COME

**Cost?** \$5.00 PER PERSON PER WEEK  
(FIRST WEEK FREE)  
(YOUTH 1/2 PRICE)

For information:

[Facebook.com/singlespinners](https://www.facebook.com/singlespinners)

[sdsd.org](http://sdsd.org)

[singlespinners.sdsda.org](http://singlespinners.sdsda.org)

(619) 889-8941 (leave message)

[mccdnlyn@cox.net](mailto:mccdnlyn@cox.net)



Single Spinners Square Dance Club  
Co-sponsored by the San Diego Square Dance Association  
And the San Diego Parks and Recreation